

NEWSLETTER – SEPTEMBER, 2023

THANKYOU to everyone who follow the safety reminders in our last newsletter. These really help us meet the ever growing list of safety and compliance requirements bestowed on us by the various government and other departments to which we are answerable and to keep our participants safe.

HOLIDAY ACTIVITIES : these will be advertised soon. Watch our Facebook and website for information.

THANKYOU to everyone who donated carpet. We now have plenty to help keep the weeds at bay.

FUNDRAISING

Term 3 Raffle – please try and sell as many tickets as possible and return them by the last Friday of term as written in the note. Prize is a Holiday Survival Hamper and fuel card. Value \$250

CLUB COMPETITION

Sunday 17th September. You have been sent an email with information. All ages and classes are welcome to participate. It is a fun and enjoyable competition for everyone. If anyone is able to help with a BBQ, please let us know. **SKILL CHECKS** are completed on an ongoing basis. When a participant consistently demonstrates all the skills required at that level, they will be nominated to be able to progress to the next level class. A child does not have to progress if they are not sure. They will continue to practise and develop the same skills as appropriate to the

class they currently attend. If you believe that your child is ready to move up, and you feel they may have been

missed, please send an email to <u>enrollment@sbagc.com.au</u> and we will try and provide some feedback regarding your child's progress. Our coaches do their best to monitor our participants, however, at times it is hard to keep track of everyone especially when either participants and/or coaches are sick or away.

TOILET TROUBLES!!! We have had a number of unpleasant toilet incidences this term. New toilet rolls have been thrown into the toilets and hence wasted. Toilet paper has been spread all over the floor. Toilets have been left unflushed. As a result, we are not providing spare toilet rolls and at times even limiting the amount of toilet paper in the toilets. We also ask that parents make sure that their children know how to flush a toilet.

If you find that there is no toilet paper in the toilets, please inform the person at the front table so the situation can be rectified.

<u>REGISTRATIONS FOR TERM 4</u> have opened for those wishing to rebook in the same class at the same time only. You do this in the portal. If you wish to change days or times you need to wait. If your name has been placed on the waitlist, you will be notified once changes are possible so that you have first opportunity to change.

SPOTLIGHT ON WG (WAG)

WG (WAG) is our competitive stream for females.

Intro WG is the first stage when participants are introduced to the program. From Intro WG, participants progress to Level 1, Level 2, Level 3, Level 4, level 5 and Level 6.

Participants in Intro WG, Level 1 and Level 2 are required to attend club competitions which are held once each term, hence, only four competitions each year. Participants cannot progress without attendance at a competition and achieving a certain level of skill.

Participants in Levels 3 to 6 are required to attend Club Competitions and Regional Competitions. In order to progress from one level to another they must be able to demonstrate all skills required for the next level at designated club competitions.

Strength requirements – at each level, a participant must meet certain strength requirements. These also determine if a participant can progress to the next level. Without the required strength, the participant will not be able to perform skills at the next level and will not be safe performing these skills.